

Same day tooth is pulled....

DO...

1. Bleeding

Stay biting on gauze pad 1/2 hour.

Small bleeding-normal, O.K.

If bleeding won't stop call dentist.

gauze
fold
wet

bite on for 1 hour

Large bleeding-use gauze pad again.

3. Use ice bag. 20 minutes on 20 minutes off all day.

4. Rest.

5. Drink liquids. Eat soft foods.

6. Special instructions from your dentist.

DON'T DO...

2. Take medicine dentist prescribes.

How to use:

If allergy (red spots on body, itch, trouble breathing) call dentist right away.

Don't smoke

Don't use a straw

Don't drink alcohol

Don't rinse or spit

Don't drink hot drinks

Don't exercise